# fresh deals

**APR 24 - APR 30, 2019***

*great deal!*

**99¢/lb.**

**Organic Fuji Apples, Navel Oranges and Red Grapefruit**
Grab and go fruit for every day

USDA ORGANIC

*sustainably caught*

**7.99/lb.**

**Alaskan Cod Fillet**
Rated best choice by Seafood Watch

**2.99**

**Organic Romaine Hearts**
Great for lettuce wraps
3 ct.

**3.49/lb.**

**Rochdale Farms Whole Milk Mozzarella**
Traditional Italian taste

*crowd-pleaser*

**3.99/lb.**

**Smart Chicken Organic Whole Chicken**
Air-chilled, cage-free

**10.99/lb.**

**Thousand Hills Ribeye Steak**
100% Grass-fed beef

* Sales good while supplies last.

*814 Main St E, Menomonie • www.mmfc.coop | Open M–F 7am–9pm, Sat–Sun 8am–8pm*

menomonie MARKET FOOD CO-OP