

# fresh deals

MAR 14 – 20, 2018\*

*Simply delicious!*



**79¢** /lb

**Organic Green Cabbage**  
A hint o' green



**1.99** /bag

**Organic Carrots**  
Snap 'em up  
2 lbs.



**2.29** /bag

**Organic Yellow Onions**  
Stock up and save  
3 lbs.



**5.29** /lb

**Deer Creek Cheddar**  
Aged 7 months



**5.99**

**Gerhard's Bratwurst**  
Select varieties  
12 oz.



*Probiotic power!*

**6.99**

**Gerhard's Sauerkraut**  
Traditional European-style  
16 oz.



**10.99** /lb

**Extra Jumbo Brown Shrimp**  
Sustainably wild-caught

\* Sales good while supplies last.

814 Main St. East, Menomonie • [www.mmfc.coop](http://www.mmfc.coop) | Open M-F 7am-9pm, Sat-Sun 8am-8pm

 **menomonie MARKET**  
FOOD CO-OP